

## *Curriculum Vitae*

**Lisa Littman, MD, MPH, FACOG**

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Lisa.Littman@gmail.com

### **POSITIONS & ACADEMIC APPOINTMENTS**

- 1/18-8/20      Assistant Professor of the Practice  
Department of Behavioral and Social Sciences  
Brown School of Public Health  
Providence, RI
- 6/13-11/17     Adjunct Assistant Professor  
Department of Environmental Medicine & Public Health  
Icahn School of Medicine at Mount Sinai  
New York, NY
- 9/07-6/13      Assistant Professor  
Department of Preventive Medicine  
Department of Obstetrics, Gynecology and Reproductive Science  
Mount Sinai School of Medicine  
New York, NY

### **EDUCATION**

- 7/05-6/07      **Icahn School of Medicine at Mount Sinai (formerly Mount Sinai School of Medicine)**, New York, NY. Residency in General Preventive Medicine.
- 7/05-9/07      **Icahn School of Medicine at Mount Sinai (formerly Mount Sinai School of Medicine)**. New York, NY. Masters in Public Health.
- 6/93-9/96      **Brown University, Women and Infants Hospital of Rhode Island**, Providence, RI. Residency in Obstetrics and Gynecology.
- 7/92-6/93      **Medical College of Pennsylvania, Allegheny General Hospital**, Pittsburgh, PA. Internship in Obstetrics and Gynecology.
- 8/88-5/92      **Rutgers Medical School (formerly University of Medicine and Dentistry of New Jersey -Robert Wood Johnson Medical School)**, Piscataway, NJ. Doctor of Medicine.
- 8/85-5/88      **Brandeis University**, Waltham, MA. Bachelor of Arts in General Science.
- 9/83-5/85      **Douglass College**, Rutgers University, New Brunswick, NJ.

## **CERTIFICATION**

10/09-12/21 Maintenance of Certification (MOC), American Board of Obstetrics and Gynecology  
1/09-1/19 Board Certified, American College of Preventive Medicine  
11/99-12/09 Board Certified, American Board of Obstetrics and Gynecology  
5/93 Completed NBME I, II, and III

## **LICENSURE**

2/14-present Rhode Island Medical License

## **CONSULTING**

**Physician Consultant** (independent contractor). Projects with the **RI Department of Health (RIDOH)** Division of Community, Family Health, and Equity; and the Division of Family Visiting. Areas: Immunization; Maternal Influenza; Premature Birth Task Force; Preconception Health; Family Planning; Perinatal and Infant Oral Health; Family Visiting; 17-P work group; Prenatal Risk Assessment work group. Consulting included participation in the following committees and task forces:

2016-2017 Reducing Infant Mortality Initiative (RIDOH)  
2015-2019 PRAMS Steering Committee (Rhode Island)  
2013-2019 Premature Birth Task Force and Working Committee (Rhode Island)  
2017-2019 Premature Birth Task Force Tobacco cessation work group (co-Lead)  
2018-2019 Premature Birth Task Force Data work group  
2017-2019 Perinatal and Infant Oral Health Quality Improvement (PIOHQI)  
Advisory

**Consultant** (independent contractor). Projects with the **New York City Department of Health and Mental Hygiene (NYC DOHMH)**. Health literacy and qualitative research consulting for the Public Health Detailing Program. Projects: Obesity, Intimate Partner Violence, Breastfeeding, Childhood Obesity (2007-2009)

## **OTHER EMPLOYMENT**

1997-1999 Obstetrician Gynecologist. Durham Womens Clinic. Durham, NC.

## **HONORS/AWARDS**

2007 **Ortho Women's Health and Urology Scientific Paper Award.** National Abortion Federation Conference (for "Emotional Prophylaxis for Abortion Patients: A Pilot Study").  
1992 **Community Service Award.** UMDNJ Robert Wood Johnson Medical School.  
1988 **Cum Laude.** Brandeis University.

## **PUBLICATIONS**

**Littman, L.** The Use of Methodologies in Littman (2018) Is Consistent with the Use of Methodologies in Other Studies Contributing to the Field of Gender Dysphoria Research: Response to Restar (2019). *Arch Sex Behav* (2020) doi:10.1007/s10508-020-01631-z

**Littman L** (2019) Correction: Parent reports of adolescents and young adults perceived to show signs of a rapid onset of gender dysphoria. *PLOS ONE* 14(3): e0214157. <https://doi.org/10.1371/journal.pone.0214157>

**Littman L** (2018) Parent reports of adolescents and young adults perceived to show signs of a rapid onset of gender dysphoria. *PLOS ONE* 13(8): e0202330. <https://doi.org/10.1371/journal.pone.0202330>

Lunde, MD MPH, **Lisa Littman MD MPH**, Samantha Stimmel MD, Rima Rana MD, Adam Jacobs MD, Carol R Horowitz MD MPH (2017) “ Just wear dark underpants mainly”: Learning from adolescents' and young adults' experiences with early discontinuation of the contraceptive implant. *Journal of Pediatric and Adolescent Gynecology*. June; 30 (3): 395-399.

Erica Chong, MPH, Beverly Winikoff, MD, MPH, Dyanna Charles, MPH, Kathy Agnew, BS, Jennifer L. Prentice, MS, Brandi M. Limbago, PhD, Ingrida Platais, MS, Karmen Louie, MPH, Heidi E. Jones, PhD, MPH, Caitlin Shannon, PhD, and **the NCT01283828 Study Team** Vaginal and Rectal *Clostridium sordellii* and *Clostridium perfringens* Presence Among Women in the United States. *Obstet Gynecol*. 2016 Feb; 127(2): 360–368.

Danielle Bessett, Caitlin Gerdts, **Lisa L. Littman**, Megan L. Kavanaugh & Alison Norris (2015). Does state-level context matter for individuals' knowledge about abortion, legality and health? Challenging the ‘red states v. blue states’ hypothesis, *Culture, Health & Sexuality: An International Journal for Research, Intervention and Care*, DOI: 10.1080/13691058.2014.994230

**Littman LL**, Jacobs A, Negron R, Shochet T, Gold M, Cremer M. (2014) Beliefs about abortion risks in women returning to the clinic after their abortions: a pilot study. *Contraception*, Volume 90 , Issue 1 , pages 19 – 22.

Ellen Wiebe, MD, **Lisa Littman, MD, MPH**. Misperceptions about the risks of abortion in women presenting for abortions: Comparing women who believe abortions should be restricted to women who do not. *J Obstet Gynaecol Can* 2014;36(3):223–230

Megan L. Kavanaugh, DrPH, Danielle Bessett, PhD, **Lisa L. Littman, MD, MPH**, Alison Norris, MD, PhD. Connecting Knowledge about Abortion and Sexual and Reproductive Health to Belief about Abortion Restrictions: Findings from an Online Survey, *Women's Health Issues* 23-4 (2013) page e245.

Zarcadoolas C; Sealy Y; Levy J; Dresser M; Ponieman D; Young SM; **Littman L**; Larson K; Silver L. Health Literacy at work to address overweight and obesity in adults: The development of the obesity action kit. *Journal of Communication in Healthcare*. (2011);Vol 4, No 2. 88-102.

**Littman LL**, Zarcadoolas C, Jacobs AR. Introducing abortion patients to a culture of support: a pilot study. *Arch Womens Mental Health* (2009); 12:419–431.

### **Abstracts:**

Littman, L. Rapid Onset of Gender Dysphoria in Adolescents and Young Adults: a Descriptive Study. *Journal of Adolescent Health*. Volume 60, Issue 2, Supplement 1, Pages A1-A10, S1-S126 (February 2017)

RK Miller, CJ Stodgell, P Katzman, A Friedman, M Friedman, C Salafia, J Chen, EE Schadt, K Hao, L Lambertini, L Littman, P Sheffield, P Landrigan, C Walker, T Darrah, A Li, S Dassayake, S Szabo, K Aagaard, C Hobbs, EB Clark, M Varner, N Dole, J Culhane, J Swanson, N Thiex, J Murray, T Busch, D Misra, J Moye, C Kasten, B O'Brien, National Children's Study Placenta Consortium. Human Placental Study of Genetics/Genomics, Environmental Contaminant and Morphology Assessments From 12 US Counties – Methods and Results from the US National Children's Study (NCS). *Placenta* 35:A2, 2014.

PJ Katzman, C Salafia, L Ruffolo, A Penmetsa, CJ. Stodgell, J Moye, B O'Brien, RK Miller<sup>1</sup>, National Children's Study Placenta Consortium. Central Placenta Processing to Optimize Multicenter Collection, Analysis, and Storage of Human Placental Tissue in the National Children's Study (NCS), *Placenta* 35:A74, 2014.

Bessett, D., Norris, A., Littman, L., & Kavanaugh, M. (2013). Knowledge about abortion in “red,” “blue” and “purple” states: examining the relationship between state-level political contexts and individual knowledge about abortion. *Contraception*, 88(3), 443-444.

Miller, RK, Stodgell, CJ, Katzman, PJ, Friedman, AE, Friedman, MR, Salamone, L, Ruffolo, L, Jamerson, D, Weidenborner, P, Aagaard-Tillery, K, Culhane, J, Wadlinger, S, Pacholski, M, Kent, MA, Green, L, Wapner, R, Torres, C, Perou, J, Leuthner, S, Szabo, S, Landrigan, P, Chen, J, Lambertini, L, Littman, L, Sheffield, P, Golden, A, Gilbert, J, Lendor, C, Allen, S, Schadt, E, Dudley, J, Salafia, C, Dalton, J, Misra, D, Thiex, N, Specker, B, Walker, CK,

Swanson, J, Holliday, C, Butler, J, Li, A, Dassanayake, RMAPS, Nanes, J, Xia, Y, Murray, JC, Busch, TH, Rigdon, J, Darrah, TH, Campbell, E, Dole, N, Thorp, J, Eucker, B, Clark, EB, Varner, M, Taggart, E, Billy, J, Stradling, S, Leavitt, J, Bell, W, Waterfall, S, O'Brien, B, Layton, M, Todd, D, Kasten, C, Moye, J. Use of the Human Placenta as a Biomarker for Environmental Exposures, Clinical, Genetics/Epigenetics, Morphology and Systems Biology Assessments in the National Children's Study (NCS). *Birth Defects Research A*, 97: 330, 2013.

Stodgell, CJ, Salamone, L, Ruffolo, L, Katzman, PJ, Murray, JC, Busch, TH, Culhane, J, Wadlinger, S, Landrigan, P, L, Littman, L, Thiex, N, Specker, B, Swanson, Dole, N, Thorp, J, Eucker, B, Clark, EB, Varner, M, Taggart, Moye J., Miller, RK. Gene Expression in Human Placenta from the National Children's Study (NCS). *Birth Defects Research A*, 97: 331, 2013.

The National Children's Study Placental Research Team 1, Salafia CM1,2, Dalton JL1,2, Misra D1,2, Stodgell CJ1,3, Katzman PJ1,3, Ruffolo LI1,3, Culhane J1,4, Wadlinger S1,4, Torres C1,5, Landrigan P1,6, Littman L1,6, Sheffield P1,6, Leuthner S1,7, Szabo S1,7, Thiex N1,8, Specker B1,8, Swanson J1,9, Dole N1,10, Thorp J1,10, Eucker B1,10, Clark EB1,11, Varner MW1,11, Taggart E1,11, Durkin MS1,12, Sandoval M-N1,12, Moye J1,13, Miller RK1,3. The Chorionic Surface Vascular Network in Human Placenta: Quantifying Structure to Estimate Gestational Stressors and Life Course Risks, Autism Spectrum Disorder (ASD) As a Model for Future Analyses: National Children's Study and EARLI *Birth Defects Research A* 97: 333, 2013

RK Miller, CJ Stodgell, PJ Katzman, A Friedman, AL Rinderknecht, L Hoffman, L Salamone, LI Ruffolo, A Penmetsa, P Weidenborner, K Aagaard-Tillery, J Culhane S Wadlinger, M Pacholski, MA Kent, L Green, R Wapner, C Torres, J Perou, S Leuthner, S Szabo, P Landrigan, J Chen, L Lambertini, L Littman, P Sheffield, A Golden, J Gilbert, C Lendor, S Allen, K Mantilla, Y Ma, CM Salafia, JL Dalton, D Misra, N Thiex, K Gutzman, A Martin, B Specker, CK Walker, J Swanson, C Holliday, J Butler, A LI, RMAP S Dassanayake, J Nanes, Y Xia, JC Murray, TD Busch, J Rigdon, TH Darrah, E Campbell, N Dole, J Thorp, B Eucker, C Bell, EB Clark, MW Varner, E Taggart, J Billy, S Stradling, J Leavitt, W Bell, S Waterfall, B O'Brien, M Layton, D Todd, K Wilson, MS Durkin, M-N Sandoval. Field Experience: Use of the Human Placenta as a Biomarker for Environmental Exposures, Epigenetic and Morphological Assessments in the National Children's Study (NCS), *Birth Defects Research A* 94:383, 2012.

L Lambertini, S Teitelbaum, Y Ma, L Littman, P Landrigan, CJ Stodgell, RK Miller, L Salamone, C Marsit, CK Walker, S Szabo, S Leuthner, J Chen. Lab Experience: Measuring Genomic Imprinting Status and MicroRNA Expression in Human Placentas of the National Children's Study (NCS). *Birth Defects Research A* 94:382, 2012.

Lisa L Littman, MD, MPH · Adam Jacobs, MD · Rennie Negron, MPH · Marji Gold, MD · Miriam Cremer, MD, MPH · What types of services do abortion patients want?

*Contraception*, Volume 86, Issue 3, September 2012, p302

E. Wiebe, L. Littman. Misconceptions about abortion risks in prochoice and antichoice women having abortions. *Contraception*, Volume 86, Issue 3, September 2012, p303-304.

L. Littman, A. Jacobs, R. Negron, M. Gold, M. Cremer, C. Zarcadoolas. Common misconceptions about abortion risks: what do abortion patients believe? *Contraception*, Volume 84, Issue 3, September 2011, Page 314

Lisa Littman, Christina Zarcadoolas, Adam Jacobs .Emotional prophylaxis for abortion patients: a pilot study. *Contraception*, Volume 76, Issue 2, August 2007, Page 165-166.

### **INVITED LECTURES/PRESENTATIONS**

01/12/20 Lepovic E , Littman L. Correlates and predictors of regret in gender detransitioners. *The 2nd biennial Heterodoxy in Psychology Conference* (oral presentation/Lepovic), Jan 12, 2020. Orange, CA

11/14/19 Littman L. et al. Tobacco Cessation Workgroup, RI Task Force on Premature Births. *Prematurity Summit 2019* (oral presentation and poster), November 14, 2019. Providence, RI.

05/03/19 Littman L. Detransitioning from a Transgender Status in Adulthood. *Society for Sex Therapy and Research (SSTAR)* (oral presentation/part of a panel), May 3, 2019. Toronto, Canada.

11/08/19 Littman L. et al. Tobacco Cessation Workgroup, RI Task Force on Premature Births. *Prematurity Summit 2018* (oral presentation and poster), November 8, 2018. Providence, RI.

10/26/18 Littman L. Peer Group and Social Media Influences in Adolescent and Young Adult Rapid-Onset Gender Dysphoria. *American Academy of Child and Adolescent Psychiatry Annual Conference* (oral presentation/part of a panel), October 26, 2018. Seattle, Washington.

4/27-30/18 Danilack V, Hosmer J, Littman L, Frost J, Clyne A, O'Brien J. "Provider Perceived Barriers to 17P Use to Prevent Recurrent Preterm Births". *American College of Obstetricians and Gynecologists (ACOG) Annual Meeting* (poster presentation), April 27-30, 2018. Austin, Texas.

4/21/18 Littman L, Lepovic E, Schroeder A. "Natal Females who have de-transitioned after medical or surgical gender transition for gender dysphoria". *North*

- American Society for Psychosocial Obstetrics and Gynecology (NASPOG) Annual Meeting (poster presentation)*, April 21, 2018. Philadelphia, PA.
- 11/02/17 Littman L. et al. Tobacco Cessation Workgroup, RI Task Force on Premature Births. *Prematurity Summit 2017* (oral presentation and poster), November 2, 2017. Providence, RI.
- 7/25/17 Littman L. “Rapid Onset of Gender Dysphoria in Adolescents and Young Adults: Study of Parental Reports”. *International Academy of Sex Research Annual Meeting. (Invited lecturer part of the panel: “Evidence vs Activism in the Treatment of Gender Dysphoria”)*. Charleston, SC.
- 5/12/17 Littman L, Schroeder A, Lepovic E. “A Study of Detransitioners: Context and Preliminary Findings (Invited Lecture)”. Presented at the Meeting of the Work Group on Gender, LGBT Health Program, Division of Gender, Sexuality, and Health, Department of Psychiatry, College of Physicians & Surgeons of Columbia University, May 12, 2017.
- 3/10/17 “Rapid Onset of Gender Dysphoria in Adolescents and Young Adults: a Descriptive Study”. Lisa L. Littman, MD, MPH. *Society for Adolescent Health and Medicine (SAHM) Conference (poster presentation)*, New Orleans, LA.
- 4/29/13 “Connecting Knowledge about Abortion and Sexual and Reproductive Health to Belief about Abortion Restrictions: Findings from an Online Survey”. Megan L. Kavanaugh, DrPH, Danielle Bessett, PhD, Lisa L. Littman, MD, MPH, Alison Norris, MD, PhD. *National Abortion Federation (NAF) Conference (poster presentation)*, New York, NY
- 10/27/12 “What types of services do abortion patients want?” *Society of Family Planning (SFP) Conference (poster presentation)*. Denver, CO.
- 10/23/11 “Misconceptions about Abortion Risk: What do Abortion Patients Believe?” *Society of Family Planning (SFP) Conference (poster presentation)*. Washington, DC.
- 11/10/09 “Using a Health Literacy Model to Design an Educational Website about HPV”. *American Public Health Association (APHA) Conference (oral presentation)*, Philadelphia, PA.
- 11/5/08 “Health Literacy” *Consortium of New York Geriatric Educational Centers, Queens Core Day (oral presentation)*, Queens, NY.

- 11/28/07 “Emotional Prophylaxis for Abortion Patients: A Pilot Study.” *Informing Care Conference (oral presentation)*, Washington DC.
- 11/6/07 “Emotional Prophylaxis for Abortion Patients: A Pilot Study.” *American Public Health Association (APHA) Conference (poster presentation)*, Washington, DC.
- 9/27/07 “Emotional Prophylaxis for Abortion Patients: A Pilot Study.” *Association of Reproductive Health Professionals (ARHP) Conference (poster presentation)*, Minneapolis, MN.
- 7/17/07 “Emotional Prophylaxis for Abortion Patients: A Pilot Study.” *Columbia University Family Planning Division Meeting (oral presentation)*, New York, NY.
- 4/23/07 “Emotional Prophylaxis for Abortion Patients: A Pilot Study.” *National Abortion Federation (NAF) Conference (oral presentation)*, Boston, MA.
- 1/17/07 “Nutrition in the Developing World.” *Mount Sinai School of Medicine Global Health Center (oral presentation)*, New York, NY.
- 10/30/06 “Emergency Contraception.” *Mount Sinai School of Medicine Ob/Gyn Special Interest Group (oral presentation)*, New York, NY.

## **SERVICE**

### **Committees and Task Forces**

- 2020-present Perinatal Neonatal Quality Collaborative of Rhode Island (PNQCRI) (Steering Committee)
- 2019-present Prematurity Task Force (co-lead)
- 2019-present PRAMS Steering Committee (Rhode Island)
- 2019-present Premature Birth Task Force and Working Committee (Rhode Island)
- 2019-present Premature Birth Task Force Tobacco cessation work group (co-lead)
- 2019-present Premature Birth Task Force Data work group

### **Editorial Board**

- 2020-present Archives of Sexual Behavior

### **Journal Manuscript Reviewer**

*Archives of Sexual Behavior; Culture, Health & Sexuality; Cyberpsychology: journal of psychosocial research on cyberspace; Women’s Health Issues*



**TEACHING ACTIVITIES**

- 2010-2013 Journal Club for Health Professionals (MPH0411) Course Director. Mount Sinai Master's in Public Health Program.
- 2010-2013 Introduction to Public Health (MPH0001) Course Co-director. Mount Sinai Master's in Public Health Program.
- 2010-2011 Introduction to Epidemiology Small Group Leader. Mount Sinai School of Medicine.
- 2007 Family Medicine Clerkship(third year medical students). Small Group Leader. Mount Sinai School of Medicine.
2006. Medical Students for Choice. Preceptor/Co-Coordinator. Mount Sinai School of Medicine.
2006. Epidemiology (course for medical students). Small Group Leader. Mount Sinai School of Medicine.
- 2006 "Bench-to-Bedside" presentation on "Contraception". Mount Sinai School of Medicine.
2006. Medical Students Intersession Selective as part of Sexual and Reproductive Health, "Advanced Contraception Workshop" Mount Sinai School of Medicine.
- 2006 Healthy Relationships workshop for seventh graders "Ask the Doctor Session". Isaac Newton Middle School for Science and Mathematics. Mount Sinai School of Medicine.

**TRAINING RECORD**

<u>NAME</u>	<u>LEVEL OF TRAINEE</u>	<u>ROLE IN TRAINING &amp; INCLUSIVE DATES OF TRAINING</u>	<u>TRAINEE'S CURRENT STATUS &amp; EMPLOYMENT</u>
Caitlin Ganley	Medical Student/MPH student	Masters thesis advisor 2/12-6/13	Completed MD, MPH 2013
Gylynthia Trotman, MD	Ob/Gyn Resident	Co-advisor for resident research project 6/10-6/11	Completed Ob/Gyn Residency.
Rebecca Bak	Medical Student/MPH student	Masters thesis advisor 2/09-5/11	Completed MD, MPH 2011

**GRANT AND CONTRACT SUPPORT**

<u>Funding Source, Project Title</u>	<u>Role in Project</u>	<u>Dates</u>
<b>NICHD/NIH</b> The National Children's Study	Investigator FTE: 65%(50% Queens 02583621;10% Manhattan 02583431;5% Nassau 02583441) PI: Phil Landrigan, MD, MSc	November 2010-June 10, 2013
<b>Gynuity</b> Vaginal and Rectal Carriage of Clostridia in Reproductive age women in the United States	Site PI 02662347 Gynuity PI: Beverly Winikoff, MD	July 2011-July 2012
<b>United Hospital Fund</b> Advancing Health Literacy through Human Papilloma Virus (HPV) Education	Project Researcher. FTE: 10% PI: Christina Zarcadoolas, PhD	September 1, 2007-August 31, 2008

**HOSPITAL APPOINTMENTS**

6/97-12/99 Durham Regional Hospital, Durham NC  
 7/93-9/96 Women and Infants Hospital, Providence, RI  
 7/92-6/93 Medical College of PA, Allegheny General Hospital, Pittsburgh, PA

**OTHER PROFESSIONAL APPOINTMENTS**

- 8/88-5/92      **American Medical Student Association (AMSA)**  
8/91-5/92              • National Coordinator of the Women in Medicine Standing Committee.  
8/89-5/90              • Chapter President UMDNJ-RWJMS.

**CURRENT PROFESSIONAL ORGANIZATIONS (2020)**

American Congress of Obstetrics and Gynecology  
American College of Preventive Medicine  
Society of Family Planning  
American Public Health Association  
World Professional Association for Transgender Health (WPATH)  
United States Professional Association for Transgender Health (USPATH)  
International Academy of Sex Research (IASR)